

The Black Flag Grant

The Black Flag Grant is based upon the conviction that fitness is an essential component of a healthy society. It is the intention of the Grant to provide access to Black Flag Athletics and it's programs to members of the Greater Cleveland community who otherwise would not have the financial means to participate.

The Black Flag Grant sees fitness as a catalyst for change for individuals, families, and communities. We envision a community that recognizes the importance of health and wellness and works to create positive, long term outcomes. It is the mission of the Grant to create an opportunity for all people, regardless of economic circumstance.

We intend that the Black Flag community will aid in giving access to a program that will be able to offer opportunities to those who understand and appreciate the value of what we do — creating a plan that will increase the possibility for one to do so.

For the benefit of our community, The Black Flag Grant will work to do the following:

- Promote & provide financial support towards a membership to Black Flag Athletics.
- Assure that all candidates have an equal opportunity to obtain financial assistance.

It is our vision to create opportunities for those who endeavor to live a life that encompasses the qualities of fitness, health, and wellness.

The Black Flag Grant Application

Applicants must complete this form and submit it, either in person to Black Flag Athletics (either location) or via e-mail to <u>Tom@BFAthletics.com</u> no later than Thursday, October 31st.

| 1. Are you currently on a fitness journey? Why or why not? |
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| 2. Why is fitness important to you? |
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| 3. Why do you want to be a part of the Black Flag Family? OR Why are you currently a part of the Black Flag Family? |
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| 4. What is your definition of fitness? |
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| 5. Why do you deserve this membership? |
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